



# WRITE LINES

January 2011



MONTHLY NEWSLETTER of the NOTTINGHAM ADVANCED MOTORCYCLISTS

Registered Charity Number 1060035 Affiliated to the Institute of Advanced Motorists No 7182

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*H a p p y*



*V a l e n t i n e s D a y*

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Just a small one this month but it's just the cold, honest! As no-ones riding there's not much to say. I actually dug my two bikes out the garage the other day and both started first time. Marvellous things those Optimisers. If you've got any winter lay off tips you'd like to share with the group, you know where I am.

There are some important things to be thinking about, such as the upcoming **AGM**. Within this issue you will find the notification of the AGM and a nomination form should you or someone you know wish to give something back to the group and join the committee and membership renewals. There are vacancies that need to be filled so think hard. What can you do that could help make your group even better?

## **The membership renewal form is in this issue with an added method of payment.**

**You can now renew your membership by Standing Order, straight from your bank account. All you need to do is contact the Treasurer (Mark Ellis) for details on how to set it up.**

## **Forthcoming Attractions.**

**26 January** Group Night at the Black Lion R.O.T.

**?? February** CMC Chesterfield opens at former Stratstone premises, Clay Cross. Watch their web site for the date)

**23 February** Group Night at the Black Lion R.O.T.

**05 March** Observer Selection Day

**12 March** CMC Nottingham Demo Day

**12 March** NAM Christmas Party (Postponed from December)

**13 March** CMC Clay Cross Demo Day

**30 March** Group Night at the Black Lion R.O.T. (**THAT'S THE AGM!!!**)

**?? March** WSBK Yamaha Team Visit to CMC Clay Cross

**03 April** Ride of Respect through Wootton Bassett

**9 & 10 April** Unspecified Event at CMC Clay Cross

**10 April** Nottingham Ride Safe Day

**17 April** Egg Run to Mansfield

**24 April** Annual Pilgrimage to Sandilands

**27 April** Group Night at the Black Lion R.O.T.

## **For Sale**

A good friend of mine is selling this Netbook, hardly used and not owned long, with all packaging as it came. Has Norton 360 installed. Tried it but simply prefers the desktop big PC. Looking for £250.

Check this link <http://stuff.tv/Review/Samsung-N220-review/>

If anyone is interested, you can give me a call on 0785 473 7322

Justin Leary



## **Did You Know?**

The annual averages of motorcyclists KSI between 2000 & 2006 was:-  
5,200 in England, 240 in Wales & 370 in Scotland.

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## THE CHAIRMANS BIT...

**Hello again,**

Well I said last month it felt like winter, but this last month's been much better and temperatures are rising once again, as high as 11 degrees, and I have been able to work out side at last. Unfortunately the roads are still really dirty, and if you did venture out on your bike, your bike and riding kit will be filthy, and require lots of cleaning. So it just doesn't seem worth it.

So what have I been up to since the last magazine?

Once again I've not had any training to do since 16<sup>th</sup> October as no one seems to want to go out any more, and I must say I am pleased that they don't. And I've not been out on the bike now since November. I do miss it but I've been busy with Angela being off with her neck injury. She's been filling any spare time I have as she is just about climbing the walls as she has been house bound since June following an accident at work. And she only has the dog for company whilst I'm out at work.

The committee have been planning our annual **NRS (Nottingham Ride safe) event** to be held on **Sunday 10<sup>th</sup> April**.

You may be aware that Easter is late this year on **24<sup>th</sup> April**, and we will be going to the **Grange and Links pub** for lunch as normal. So we are going to have to hold our NRS event before the **Charity Easter Egg Run** which is on the **17<sup>th</sup> April**, which is where we normally pick up most of our event people. And because of this were going to have to promote the NRS event better than normal due to a smaller audience. So we may be asking for help putting out posters in a few weeks.

The new committee are working hard on finding new ways to attract new members to our group. Were producing new posters and looking for new places to sell our wares. If anyone has any ideas please drop me a line and we will look into it.

We are planning an open day with Eon again. This time were going to be doing one to one sessions around a route offering guidance to their staff who ride bikes.

The event will be held at the main offices on the Annesley site on the weekend of the **7<sup>th</sup> or 8<sup>th</sup> May**. So we will be asking our observers to make themselves available to help out as normal.

**Lincolnshire Speed Cameras Seemingly Unaffected by Cuts**

Article by: Robert  
Date: 11 Jan 2011



Where much of the rest of the country is looking at having their speed cameras turned off, well at least temporarily, the Echo reports that, despite funding cut of up to £1.3 million to the speed camera budget, the Lincolnshire Road Safety Partnership is expected to keep the number of speed cameras on their roads consistent.

The Lincolnshire Partnership currently operates 52 fixed-position speed cameras and a further 72 mobiles and all are expected to remain in operation.

This might cause one to ask, if Lincolnshire can keep their cameras on at a reduced cost, why can't the rest of the country do the same?

With all the discussion lately about budget cuts and new revenue generating schemes in a scramble to generate the money apparently needed to keep the cameras on, it's hard not to wonder what Lincolnshire council is doing right that everyone else is apparently failing to do?

The council even reports being on the lookout for new sites where the placing of a fixed camera might be justified.

With other councils crying out that they won't even be able to run a single camera if their funding is cut, it's a little difficult to imagine that they might not be able to learn something from Lincolnshire. As a country-wide "problem" (for some, but maybe not others!), perhaps it's time it was looked into on a country-wide basis, where budgeting like that of the Lincolnshire might be examined more closely as a feasible way of running things?

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## NAM Christmas Party Saturday 12<sup>th</sup> March

As I started to explain earlier on in my section, Angela has been injured at work and has been waiting for treatment for her injury. We were planning on holding the party in January, but we were not able to get it sorted out in time, and she has now been given a date for her surgery of the 7<sup>th</sup> February. She is having the damaged disc in her neck removed and a titanium cage shaped disc installed in its place. And then it will have an H shaped plate screwed over it to hold her neck together whilst the bones grow into the cage. Once fused it should be good to go for many years.

But she has been told that once she has had the operation she needs to clear her diary for several weeks as she isn't allowed to lift anything. So because she is doing all the catering with help from Mrs. Ritchie, we need to postpone the party for a few more weeks.

We are concerned that as most of the ride outs were called off last year due to bad weather that the amount of money raised for the air ambulance is very small at around £600 so far, where as last year we collected £1800. So we need to hold this party before the AGM at the end of March when we hand over the cheque to the Air Ambulance.

We are now holding a NAM charity Christmas party and buffet on Saturday 12<sup>th</sup> March at 8pm till midnight at the Black Lion Radcliffe on Trent to raise money for the new Air Ambulance.

Tickets will be on sale for £10 each, so please bring a friend or partner and celebrate Christmas with NAM. If you bought tickets before they are still valid, and if you would to buy tickets now please contact us with how many you require.

There will be a large buffet and music in the function room we have for our group night. The bar will also be open up stairs to save you the chore of walking up and down stairs for a drink. The land lady has said that the car park will be locked up at night so if you want to leave your car there over night you are welcome to, and collect it in the morning.

Your ticket cost will pay for the food and the bar staff, and any remaining money will go towards the Air Ambulance. As we only had three ride outs last year due to bad weather, our fund raising collection is not going very well compared to this time last year. So we are planning to use this event to get everyone together and raise some money for a really great cause.

So please send me an email to [Steve.laughton1@btopenworld.com](mailto:Steve.laughton1@btopenworld.com) confirming your intension to attend ASAP, so we can plan how much food we need to prepare.

We won't be printing off ticket to keep the cost down. But once we have your name you're able to come along. We look forward to seeing you all there so please put your hands in your pockets and come and have some fun.

### Round up

Well that's all for now.

Once again I look forward to chatting to you all soon. Don't forget to come and say hello at group nights. And if there is anything I can help with please ask, and I will see what I can do.

And to all the existing NAM members, if there is any one you don't recognise at group nights please go over and have a chat with them as it may be their first night and they may like a friendly face to welcome them in.

We have had comments from various group members that some of the more long standing members tend to sit in the same chairs each month, and just talk to their friends, and that they don't put themselves out to welcome new members. If this sounds like you, please make an effort to say hello to someone new. Thanks guys, see you all soon.

Steve Laughton

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# NOTICE OF ANNUAL GENERAL MEETING FOR NOTTINGHAM ADVANCED MOTORCYCLISTS Wednesday 30th March 2011

The Group AGM will be held at the **Black Lion, Radcliffe on Trent, on Wednesday 30<sup>st</sup> March 2011.**

The **AGM will start at 8.00 p.m.** Please ensure you are there on time.

The purpose of the AGM is to review the events and finances of the past year and to elect the new committee for the forthcoming year. All full members and associates are invited to attend but only full members of the Institute and the Group may vote. (Those who have passed their Advanced Test)

## **Committee Changes**

The current officers – Chairman, Secretary and Treasurer must stand down plus at least one third of the current committee (three members) in accordance with Group rules. Any existing committee member may seek re-election.

The current intentions of the committee are given below.

## **Officers**

Chairman **Steve Laughton:** Seeking re election

Secretary **Paul Thompson:** Seeking re election

Treasurer **Mark Ellis:** Seeking re election

**(Steve Laughton, Mark Ellis and Paul Thompson are willing to continue in their committee role if no-one wishes to take on these posts.)**

## **Current Committee Members & Positions:**

**John Measures** - standing down – not seeking re election

**Nick Ireland** - Associate Coordinator

**Tony Bell** - Newsletter Editor – seeking re election

**Marc Ford** - Clothing – seeking re election

**Nick May** - Marketing

**David Bryant** - Chief Observer – This post is nominated by the groups Senior Observers so David will continue until such time he wishes to stand down.

## **Vacant Posts:**

**Membership Secretary**

**Ride Out Coordinator**

**Website Editor**

**Social Events Coordinator**

**Publicity Officer – No nominations** - Being handled by all the committee

You can apply for any of the positions above, even if someone on the committee has already put themselves forward. **Voting will take place to fill the three officer posts at the AGM.** In the event of 2 or more nominations for a post, a secret ballot will take place on the evening.

We need more volunteers to fill committee member posts. If you think you have something to offer and want to help make the group a success then please apply for a committee post.

Nomination forms are attached to this Newsletter. Please remember, only fully paid up members of the Institute and the Group may nominate or be nominated. Please return nomination forms to any of the Officers/

Committee Members as soon as possible or hand in to the Secretary when attending the Annual General Meeting.

**TO BE HANDED TO ANY OFFICER/COMMITTEE  
MEMBER OF  
NOTTINGHAM ADVANCED MOTORCYCLISTS  
PRIOR TO AGM  
OR TO THE SECRETARY ON EVENING OF AGM ON  
30<sup>th</sup> March 2011**

**Nomination Form** for the election of Nottingham Advanced Motorcyclists 2011/2012 committee officers and members

I ..... (Name in block capitals) am willing to stand for election in the position of:  
.....

Signature.....Date.....

Proposed by: (Name in Capitals).....Signature.....Date.....

Seconded by: (Name in Capitals).....Signature.....Date.....

Nomination Accepted by.....

In the event of 2 or more nominations, I agree to a vote by ballot on the night and will abide by the majority decision.

**Please note: You may not stand for the committee if the law debars you from being a charity trustee.**

If you want to volunteer for the committee but do not know someone who can nominate you or second your nomination then please contact:-

Secretary Paul Thompson Tel: 01623 490435: E-mail: [namsec@sky.com](mailto:namsec@sky.com)

**To print this page,**  
**Select “FILE”, “PRINT”, “CURRENT PAGE” and “PRINT”.**  
**It doesn't need to be in colour, black & white is fine.**

**THINK B  KE**

[www.shinysideup.co.uk](http://www.shinysideup.co.uk)

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# MEMBERSHIP RENEWALS – DUE by 31<sup>st</sup> March 2011

## Nottingham Advanced Motorcyclists - Membership Renewal Form\*\*

**\*\*This form MUST be completed and handed in with your membership fee. Renewals due 31<sup>st</sup> March**

Please be aware that you will need to be a fully paid up member of the IAM to stay a full member of the Nottingham Advanced Motorcyclists. This means that if you wish to be a committee member, an observer or join us on group ride outs you will need to hold and renew both memberships. This is not your IAM Renewal.

Associates when you purchased your SFL package it included both membership fees. One years membership of the NAM effective immediately, renewed on the 31<sup>st</sup> March after a full 12 months membership, paid directly to us. Your IAM membership is due on the anniversary of the date you purchased your 'Skills' package. If you have any queries about if you need to renew your NAM membership please contact the membership secretary – details below.

Group Member No:  \*IAM No:  \*IAM Expiry Date:

### Personal details

\*Title: \_\_\_\_\_ \*First Name: \_\_\_\_\_ \*Last Name: \_\_\_\_\_ \*D.O.B \_\_\_\_\_

\*Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

\*Home Phone: \_\_\_\_\_ \*Contact Number: \_\_\_\_\_

\*Email: \_\_\_\_\_

\*If you do not wish to receive the newsletter or correspondence from NAM by email please tick the box

### Group / Riding details

Bike make/model: \_\_\_\_\_

\*Member status: **Full / Associate**

\*Observer status: **Observer / Group Qualified / Senior**

Date passed IAM Advanced Test: \_\_\_\_\_ Date passed Observer Test: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Gift Aid: If you wish to give Gift Aid with your subscription please TICK the box**

Please return to: John Measures – NAM Membership, Barratt, Goff & Tomlinson, 3 Wheatcroft Business Park, Landmere Lane, Nottingham NG12 4DG

Note: If you wish to renew your membership by standing order then please contact the NAM Treasurer at [nam.treasurer@ntlworld.com](mailto:nam.treasurer@ntlworld.com) for details on how to do this.

### \*Required Information

DATA PROTECTION ACT: As a member of the Nottingham Advanced Motorcyclists, the personal information given on this form will be held in confidence on a computer file for membership records and newsletter distribution purposes only. You are at liberty to examine these details by prior arrangement with the club secretary.

### **Membership Fees - £16.00 cheques payable to Nottingham Advanced Motorcyclists (NAM)**

*Members who log over 30 hours are eligible to claim £8 in expenses*

*Members who log over 60 hours are eligible to claim £15 in expenses*

**Full fees are to be paid and Worked Hours Expenses claimed by 31<sup>st</sup> March**

Signature of official.....Date.....

**MEMBERSHIP CARDS ARE NO LONGER ISSUED, UNLESS REQUESTED.  
YOUR NAM NUMBER IS ISSUED TO YOU WHEN YOU JOIN NAM**

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## New Observers wanted!!

Dear Members

At this time each year the club invites members to apply to be trained to carry out the role of an Observer.

This invitation extends to all members who have passed the Advanced Test. We have places for 4 new trainee Observers.

There are huge benefits to becoming an Observer. It is an opportunity to mentor and advise others to prepare them for the Advanced Test. An Observer gains a great deal of satisfaction in knowing that they are improving the riding standard of others.

Also, by becoming an Observer, you will learn much more, not just about helping other riders reach the standard you have achieved, but through a greater understanding of the principles and application of advanced riding techniques, this will help you maintain and improve your own standards of riding.

The club has a very experienced Observer training team who will provide expert coaching in all aspects of observing.

There is a selection process which assesses a candidate's ability to keep up with an associate on an observed run and their communication skills.

This process involves the candidate following an observer for about 20 miles. The Observer will ride within the speed limit and display a few basic faults. The candidate should then identify these faults, discuss them and then give a good standard demonstration ride (this does **not** require use of a radio or commentary). Please do not be put off thinking that this is a difficult start. We appreciate that candidates will not be experts but we have to ensure that the basic skills required to be an Observer are in place. The whole process is therefore a fairly gentle one.

The Trainee Observer Assessment Day will take place, weather permitting, on Saturday 5<sup>th</sup> March 2011.

For the successful applicants the Observer training course consists of about six practical sessions and a video session run at weekends where the Trainee Observers work in pairs with the training team. This allows them to hopefully complete by the start of the block course where they can take real associates on training runs. The training takes place at weekends and requires a high level of commitment for a few weeks to get the course completed in time. This is important because of the pairing of the observers. The training has to be carried out as a group of two Trainees and one Senior, if one person cannot attend a particular session the others cannot carry on with it. Please bear in mind that this is only during the initial training period.

Please could anybody who is interested please let know either by calling me on 07970 388618 or sending me an email to [david\\_bryant@rettech.co.uk](mailto:david_bryant@rettech.co.uk)

I look forward to hearing from you.

Best wishes

Dave Bryant  
Chief Observer



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## Nottinghamshire Motorcycle Forum meeting

I think that most people in NAM were sent a copy of the NMF meeting details for 11<sup>th</sup> January. Since I had a free evening I thought that I would attend. The meeting was held in the new plush Mansfield Fire station recreation rooms. Copious amounts of tea, coffee and biscuits were generously provided which helped to relax the atmosphere and loosen tongues.



The meeting was chaired and run by Notts County Council (NCC ) with numerous motorcycle training and interested groups in attendance (RoSPA, MAG, Fire Brigade, AIM, Road Train, etc ... ). This appears to be a very good platform for NAM and IAM to promote our training services and progress made to road safety.

A report was available from the local police force with the official road fatalities for 2010. There were a total of 29 fatalities of which 6 were motorcycles/scooters. This resulted in 7 deaths as one was also a pillion. This figure was approximately half of the previous year's which shows that we are all doing fantastic work, however we should not be complacent. It was stated that 3 or 4 of these deaths involved mopeds and bikes of 125cc or less. Of the 7 deaths most were classed as commuters and only 1 or 2 were pleasure bikers.

The forum provided a current DSA motorcycle leaflet which announces plans to replace the current complicated test with a simpler and safer test process. The forum is looking to get a representative from the DSA to give a short talk at a future meeting to discuss the proposed changes. This should not affect NAM members directly but is always interesting.

Most members expressed concern at the recent deterioration of the roads due to the frost and snow causing severe potholes. The council has a special fund to finance emergency road repairs caused by extreme circumstances i.e. the recent cold weather. NCC requested that all the members email them with details of any potholes or decline in road quality by telephone (Tel. 08449-80 80 80 ) or email to ; [http://www.nottinghamcity.gov.uk/reportitonline/Highways\\_Defect.asp](http://www.nottinghamcity.gov.uk/reportitonline/Highways_Defect.asp)



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[www.iam.org.uk](http://www.iam.org.uk)

Senior Observer — Nottingham Advanced Motorcyclists [www.nottsam.org.uk](http://www.nottsam.org.uk)

Senior Observer — Nottingham No 1 Group of Advanced Motorists [www.nottinghamno1iam.org.uk/](http://www.nottinghamno1iam.org.uk/)

Questions were asked about NCC opening up bus lanes to motorbikes. The NCC representative stated that the county had only a handful of bus lanes and those were quite narrow therefore they might not be suitable for motorbikes. The City Council are in the process of looking at running a 3 year trial and the County would look at their results before opening up their bus lanes.

The issue of the legality of cycle stop zones rules was raised and discussed, which shows that not everyone is up-to-date with new road systems. The cycle symbol does not include motorbikes.

### Future events

The Nottingham egg run date has been set for 17<sup>th</sup> April. All bikes are to meet at the Forest at 9.30am and will travel to the Mansfield Fire station. Hot drinks and snacks will be available together with bike related stands and the usual raffle. If anyone can loan any gas powered water urns to provide hot drinks please contact Dave Storey.

Ride Safe as run by RoSPA has trained 35 bikers in 2010. Their training consists of a 2 hour lecture followed by 4-5 hours on the bike assessment. These were conducted over 8 dates in 2010

The police force led Bike-Safe training has failed to gain sufficient funding so this is not being repeated in 2011.

However the Fire Service has now raised enough funds to enable them to provide further high visibility jackets for 2011.

The next Nottinghamshire Motorcycle Forum meeting has been arranged for 7.30pm on Tuesday 12<sup>th</sup> April to be held at the Carlton Fire station. It is highly recommended that NAM members attend the future meetings so see what is happening.

If anyone would like to discuss the Nottinghamshire Motorcycle Forum I am always happy to have a chat at the NAM monthly meetings.

John Collins (Honda Blackbird )



### **Did you know?**

Half of all riders KSI are on bikes that leave the carriageway; a third of them hit a roadside object, such as a crash barrier, road sign or tree.

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## Riders for Health's New Year Resolutions

'To our donors and supporters I wish a very, very happy new year and thank you for changing people's lives in Africa.' Andrea Coleman, co-founder and CEO of Riders for Health.

2010 was a busy year for Riders for Health, and we expect 2011 to be just as exciting as we get more health workers on the road and push reliable transportation for health care in Africa up the development agenda.

To give you an idea of our goals for the new year, we have asked some of our team to tell you their New Year's resolutions. We will put the videos of staff in the UK office and in Africa on **RidersforHealthTV**.



Our operations director, Ngwarati Mashonga, would like to see new programmes scale-up quickly in 2011, and the number of vehicles that we manage increase further. This will mean that we're reaching more rural, isolated communities with vital public health services.

Emma Howard, global health co-ordinator, agrees: 'We're really looking to expand and replicate our fantastic work,' she said. Emma has just begun her maternity leave so she explains that her personal ambitions for 2011 are mainly to do with being a new mum.

For Vincent Sewe, technical officer for our Kenya programme, his target is to ensure that even as Riders expands, our work is always carried out to the same high standard. This means that families can always depend on being reached by a health worker when they need one.

Another priority is make sure we tell our all of our supporters just how they are helping mobilise health workers in rural communities. Fundraising and communications manager, Rachel Harrington, says: 'I plan to make sure that every single supporter knows the difference their money makes and the impact that Riders has in rural communities in Africa.'

In her video, monitoring and evaluation manager, Kat Harrison, reveals that she plans to climb Mount Kilimanjaro in Tanzania this year, so her personal resolution is to start training! Kat's goals for her monitoring and evaluation team for 2011 will be on **RidersforHealthTV** soon.

Jane Sigu works for the grassroots group Society for Women and AIDS in Kenya (SWAK). Riders recently provided them with eight motorcycles, which has allowed Jane and her colleagues to expand their reach. 'Next year we are planning to move far with the motorcycles we have been given by Riders,' she said. 'We are planning to reach more people who are infected by HIV and AIDS, particularly to reach more children.'

To see the New Year's resolutions of Riders' staff and some our partners as soon as they go online subscribe to our YouTube channel **RidersforHealthTV**.

Happy New Year from all at Riders!

### Did you know?

Twice as many male riders in their teens and twenties are KSI in bike crashes than die as a result of physical assault.

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## A huge thank you to our supporters

Riders for Health would like to thank everyone who supported our work over Christmas. We had an amazing response to our Christmas appeal as well as to the **appeal made on our behalf by Ross Noble on Radio 4.**

Many others supported our work by sending one of our gift donations to their friends or relatives or by ordering a pack of our Christmas cards.

Riders for Health's fundraising and communications manager, Rachel Harrington said, 'It is always such an amazing surprise when we receive donations and support from so many people before Christmas. This support is so important to ensuring people in rural communities can receive the health care they need, so it will make a real difference to people in Africa. We would like to thank everyone who made our Christmas appeals such a fantastic success.'



There are lots of ways you can help to support Riders for Health in 2011. As well as making a donation, you could take part in a sponsored challenge or why not help to raise awareness of our work. Forward this email, **follow us on Twitter** or why not recommend our **Facebook page** to your Friends? You can even show people the difference your support is making by sending them the link to our YouTube channel **[www.youtube.com/ridersforhealth](http://www.youtube.com/ridersforhealth)**.

With your help we will be able to mobilise hundreds more health workers this year, and each month Riders News will bring you news of the difference you are making.

## Put your best foot forward this New Year with Riders

Do you fancy taking up a new activity for the New Year? Get involved with Riders fundraising marathons this year and you will be well on your way to achieving that dreaded New Year's fitness resolution!

Riders have limited places in both the **Brighton marathon** in April and **Run to the Beat**, London's music half-marathon, in September. If you would like to get involved, just email **Elizabeth** from our fundraising team to sign up now and make sure your new challenge is one that will make a difference. After the success of last year, we couldn't wait to sign up for Brighton 2011 which will take place on Sunday 10<sup>th</sup> April. Brighton is now the second biggest marathon in the UK, despite only being in its second year.

If a full marathon seems like a little too much, why not give Run to the Beat a go on Sunday 25<sup>th</sup> September? The 13 mile route takes place around Greenwich in South-East London, starting and finishing at the O2 arena. The live music played around the course will make the day one big party, as well as giving your running performance a boost!

Spaces are filling up fast for both events so if you fancy a challenge for 2011, and would like to support our life-saving work in Africa, email **Elizabeth** at **[edunn@riders.org](mailto:edunn@riders.org)** for more information on how you can take part.

Riders for Health will support you every step of the way to reach your personal fundraising target and we will also be there to cheer you on, on the day!

**(Reproduced by kind permission, Riders For Health.)**

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## Associate Co-Coordinator by Nick Ireland

Chris Dames	Final required
Dean Meakin	initial required
Alan Sime	initial required
Kirsty Boss	On Hold
Larry O'Toole	On Hold
Richard Jordan	On Hold
Dan Mason	On Hold
Gareth Mitchell	On Hold
Karen Elliott	On Hold
Rob Walker	on hold
Andy Edson	one 2 one
Rod Whitehead	one 2 one
Bill Thompson	one 2 one
Kev Naylor	one 2 one
Steve Bailey	one 2 one
Tony Welch	one 2 one
George Gill	one 2 one
Steve O'Connell	Test Ready
Terry Anderson	Test Ready
Gabriel Rey	Test Ready
Mark Habgood	Test Ready
Roger Widdowson	Test Ready



### Firstly the serious stuff:

If you are listed as Test Ready and haven't had confirmation from the IAM that they have received your test application

**you most probably haven't sent it in!**

You can either complete one on line or download a form from the IAM site at:

[www.iam.org.uk/iammembers/IAM+Test+Booking+Form](http://www.iam.org.uk/iammembers/IAM+Test+Booking+Form)

Those listed as "Initial Required" may well have had it before this edition.

### Test Ready:

I will do my very best to get a refresher sorted for people whose test is imminent and haven't been out for a while but the new associates will take priority. **You need to either ring or email me.**

### Observers:

Please remember to let me know each time you take an associate out.

### Associates:

You must practice between runs, at least 90 miles, that way you should be up to test standard by run 5.

Remember that your mileage from the last training run is noted on your sheet so **GET ON YOUR BIKE...!!**

And finally keep busy but most importantly **Keep Safe.**

There is always someone out there who will hurt you.

### Nick Ireland

Associate Coordinator and Senior Observer  
[nri01@btinternet.com](mailto:nri01@btinternet.com) Tel 0115 8 715053

## Test Passes

**Congratulations to:**

**Roy Peabody**

**Nick Ireland - Associate Coordinator & Senior Observer**





# Retford College of Vehicle Technology

Tel: 01777 862886

[www.rettech.co.uk](http://www.rettech.co.uk)

Raffle prizes kindly donated Dave Bryant (Director of Retford College of Vehicle Technology)

### Retford College of Vehicle Technology.

Who run courses in : Vehicle Fast Fit, Vehicle Repair and Maintenance, Motorcycle Maintenance, Auto Electrical

## Nottingham Advanced Motorcyclists on

# facebook

*Alan Godfrey (Nottinghamshire Fundraiser)*

*Lincs & Notts Air Ambulance*

*Email:- [agodfrey.airamb@btconnect.com](mailto:agodfrey.airamb@btconnect.com)*

*[www.lnaact.org.uk](http://www.lnaact.org.uk)*

## *Air ambulance is also on Facebook*



Lincs & Notts Air Ambulance

### ***This is a quote from Steve Laughton the Chairman of NAM.***

*"I had an interesting conversation the other weekend about not riding like the advanced rider when going for a play! I went to great trouble to explain that if the speed increases that everything else should continue to be done in the order of the 5 point system. After all this was invented by the police to get from A-B as safely and quickly as they can. We have to work within the speed limits but everything else is based on their methods. And if you're speed increases then your observations need to be even sharper and more systematic than they are at 60mph."*

*Remember this and how true it is.....*

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## GROUP NIGHTS

**When:** Last Wednesday of the month,

**Time:** 8:00pm.

**Where:** Black Lion Pub,  
Main Rd, Radcliffe on Trent,  
Nottinghamshire.

**Postcode:**  
NG12 2FD

**GROUP NIGHTS**—The only month we do not meet is December, and our AGM is held in March.

These nights are for meeting new/old members, prospective members and friends alike, We usually have guest speakers (when available) and we hear what is happening the group.

There's time for a general chit chat and we also use the evenings for informal question and answers, as every now and then someone has a burning question or two that may not have a straight forward answer, so we pool our collective minds together and sometimes have a good old fashioned debate.

**The group nights are open to everyone, so please do come along and if you have friends or colleagues who are interested bring them along too!**

**Newsletters:** This and previous newsletters can be viewed and downloaded from our web site [www.nottsam.org.uk](http://www.nottsam.org.uk) - just follow the link for "Magazines".



## Nottingham Advanced Motorcyclists Clothing

NEW PRICES—SEE CLOTHING REP.

SOME ITEMS CHEAPER!!!!!!

The clothing comes various colours with the NAM logo on the chest (pictured) and various items are available in sizes that range from XS to 5XL.

**NAM clothing now available in any colour you like..... Even pink!!!**

### HOW TO GET YOUR CLOTHING

There is an Order Form on the Yahoo site.  
(Don't forget the colour, size and quantity)

Please contact the Clothing Rep, a committee member or alternatively please e-mail your completed order form to...

[nam.clothing@ntlworld.com](mailto:nam.clothing@ntlworld.com)

**Please make cheques payable to "Nottingham Advanced Motorcyclists."**



# Nottingham Advanced Motorcyclists Committee 2010-2011



**Steve Laughton**  
Chairman



**Paul Thompson**  
Secretary



**Mark Ellis**  
Treasurer



**Ride Outs**



**Nick Ireland**  
Associate Co-ordinator



**Dave Bryant**  
Chief Observer



**Social Events**



**Nick May**  
Marketing



**Membership Secretary**



**Angela Laughton**  
Air Amb Fund Raiser



**Marc Ford**  
Clothing



**Tony Bell**  
Newsletter Editor

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